

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: TRUST

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ciommo Fabio HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 16: 100M FREESTYLE MEN			Heat:5, starttime: 09:19
Heat: 5/10 Lane : 4 Athlete: DE SWERDT MATHIAS			Q-time: 00:53:72
PB (50m pool): 00:53.72 Luxembourg 01/02/2026			PB (25m pool): 00:51.57 SB: 00:53.72 Luxembourg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:25.70	00:53.72	
	00:25.70	00:28.02	
			

Coach feedback:

Event number: 16: 100M FREESTYLE MEN			Heat:5, starttime: 09:19
Heat: 5/10 Lane : 6 Athlete: MATTHEUS IBE			Q-time: 00:53:79
PB (50m pool): 00:53.79 Antwerpen 27/07/2025			PB (25m pool): 00:52.03 SB: 00:54.29 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:25.70	00:53.79	
	00:25.70	00:28.09	
			

Coach feedback:

Event number: 16: 100M FREESTYLE MEN			Heat:7, starttime: 09:22
Heat: 7/10 Lane : 5 Athlete: DE SWERDT NIELS			Q-time: 00:52:89
PB (50m pool): 00:52.89 Antwerpen 27/04/2025			PB (25m pool): 00:50.91 SB: 00:53.62 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:25.48	00:52.89	
	00:25.48	00:27.41	
			

Coach feedback:

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Event number: 16: 100M FREESTYLE MEN			Heat:8, starttime: 09:24
Heat: 8/10 Lane : 8 Athlete: CIOMMO ALESSANDER			Q-time: 00:52:87
PB (50m pool): 00:52.87 Antwerpen 27/07/2025			PB (25m pool): 00:52.03 SB: 00:53.61 Luxembourg 26/04/2026
	5 0 M	1 0 0 M	
PB	00:25.04	00:52.87	
	00:25.04	00:27.83	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN			Heat:5, starttime: 09:37
Heat: 5/8 Lane : 7 Athlete: LENAERTS HAILEY			Q-time: 01:19:08
PB (50m pool): 01:19.08 Antwerpen 27/07/2025			PB (25m pool): 01:14.96 SB: 01:20.06 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	00:36.38	01:19.08	
	00:36.38	00:42.70	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN			Heat:2, starttime: 09:58
Heat: 2/8 Lane : 3 Athlete: LENAERTS HAILEY			Q-time: 00:30:77
PB (50m pool): 00:30.77 Luxembourg 26/04/2026			PB (25m pool): 00:31.27 SB: 00:30.77 Luxembourg 26/04/2026
	5 0 M		
PB	00:30.77		
	00:30.77		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN			Heat:3, starttime: 10:09
Heat: 3/9 Lane : 5 Athlete: MATTHEUS IBE			Q-time: 00:31:94
PB (50m pool): 00:31.94 Antwerp 09/02/2025			PB (25m pool): 00:29.80 SB: 00:31.98 Antwerpen 22/03/2026
	5 0 M		
PB	00:31.94		
	00:31.94		
			

Coach feedback:

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Event number: 20: 50M BREASTSTROKE MEN				Heat:6, starttime: 10:12	
Heat: 6/9 Lane : 8 Athlete: DECOSSAUX VALENTIN				Q-time: 00:31:05	
PB (50m pool): 00:30.83 Antwerp 21/01/2024				PB (25m pool): 00:29.16 SB: 00:31.29 Antwerpen 15/03/2026	
	5 0 M				
PB	00:30.83				
	00:30.83				
					

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN				Heat:8, starttime: 10:14	
Heat: 8/9 Lane : 6 Athlete: DEPREZ LUKAS				Q-time: 00:29:15	
PB (50m pool): 00:29.21 Luxembourg 01/02/2026				PB (25m pool): 00:28.38 SB: 00:29.21 Luxembourg 01/02/2026	
	5 0 M				
PB	00:29.21				
	00:29.21				
					

Coach feedback:

Event number: 22: 50M BACKSTROKE MEN				Heat:3, starttime: 10:35	
Heat: 3/7 Lane : 1 Athlete: CIOMMO ALESSANDER				Q-time: 00:29:38	
PB (50m pool): 00:29.38 Antwerpen 22/03/2026				PB (25m pool): 00:28.06 SB: 00:29.38 Antwerpen 22/03/2026	
	5 0 M				
PB	00:29.38				
	00:29.38				
					

Coach feedback:

Event number: 22: 50M BACKSTROKE MEN				Heat:4, starttime: 10:36	
Heat: 4/7 Lane : 6 Athlete: DE SWERDT MATHIAS				Q-time: 00:29:06	
PB (50m pool): 00:29.06 Antwerpen 22/03/2026				PB (25m pool): 00:26.93 SB: 00:29.06 Antwerpen 22/03/2026	
	5 0 M				
PB	00:29.06				
	00:29.06				
					

Coach feedback:

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Event number: 22: 50M BACKSTROKE MEN		Heat:6, starttime: 10:39
Heat: 6/7 Lane : 1 Athlete: DE SWERDT NIELS		Q-time: 00:28:33
PB (50m pool): 00:28.33 Antwerpen 22/03/2026		PB (25m pool): 00:26.27 SB: 00:28.33 Antwerpen 22/03/2026
	5 0 M	
PB	00:28.33	
	00:28.33	
		

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN		Heat:1, starttime: 10:43
Heat: 1/9 Lane : 5 Athlete: ROSKIN LOTTE		Q-time: 01:02:04
PB (50m pool): 01:01.23 ANTWERPEN 30/07/2023		PB (25m pool): 01:00.73 SB: 01:02.51 Antwerpen 15/03/2026
	5 0 M	1 0 0 M
PB	no time	01:01.23
	no time	
		

Coach feedback: